

# Behind-The-Wheel Lesson Plan

## First Two Hour Drive Lesson

Permit and Student Card  
Driver controls of vehicle  
Visibility, Mirrors, Blind Spots  
Use of driver pedals and pivoting  
Moving away from curb  
Parking by curbs and right turns  
Left turns and intersection safety  
Steering and hand over hand system  
Right of way intersections  
Three point turns and backing up  
Driving in traffic and traffic lights  
Three-second cushion and scanning  
Changing lanes and safety checks  
Speed limits and summary  
Back up 100 feet

## Lesson 1 Training

Date/Time: \_\_\_\_\_

Instructor: \_\_\_\_\_

Pick up location: \_\_\_\_\_

## Freeway Training

Entering and exiting freeway  
Interchanges  
Changing lanes merging  
Defensive freeway driving  
Carpool training  
Review first two lessons

## Second Two Hour Drive Lesson

Review of first two hours  
Moving away from curb  
Parking by curb and safety checks  
Residential left and right turns  
Right of way at intersections  
Three point turns and backing up  
Driving in traffic and merging  
Changing lanes and safety checks  
Hill and curves driving  
Parking-diagonal and parallel  
Down-town driving and summary  
Some freeway training (if ready)

## Third Two Hour Driving Lesson

Review first four hours  
Pre driving test refreshment  
Defensive driving techniques  
Driving in traffic, left and right turns  
Residential driving, left and right turns  
Approach to stop and yield signs  
Approach to blind intersections  
Entering bike lanes and cornering  
Merging into traffic flow  
Accepting right of way  
Arm signals (left, right, slow, stop)  
Auxiliary dashboard controls  
Some freeway training  
Requirements to pass drive test  
Six hour behind-the-wheel Certificate

## Scheduling Lessons For Students Under 18

**First lesson:** You can schedule the first lesson when the parent consent form is signed. This lesson will not be scheduled after dusk. The student must have their first lesson and have the permit signed by an instructor before driving with an adult on public roads. We will need the permit number and issue/expiration date as soon as the student receives their permit.

**Second lesson:** Schedule the second lesson four to six weeks after the first lesson.

**Freeway lesson:** Schedule lesson four to six weeks after the second lesson. This lesson will not be scheduled during rush hour traffic.

**Third lesson:** Schedule the third lesson with Stanford Driving School first then schedule the road test with DMV. This lesson should be one to two weeks before DMV road test. Student must hold permit for six months to apply for license.

- ✓ **Lesson may last up to 2 ½ hours due to scheduling. All lessons are “piggybacked”; one student will take another home.**
- ✓ **Students may schedule one lesson per month. Schedule all lessons four-six weeks in advance.**
- ✓ **Parents are encouraged to practice a minimum of fifteen hours with the student between each lesson.**
- ✓ **"Like" us on Facebook. We will post cancelled lessons online for our waiting list.**